

SPA MENU WINTER 2022



THALGO FACIALS

Illuminating Radiance Express Facial All Skin Types.....R490 / 30 min

The ultimate Hydra Marine Ritual which magnifies radiance and reveals the beauty of dull, tired complexions. The secret of its effectiveness lies in the mask and professional concentrates, combined with energising digital pressure.

Men's Facial.....R800 / 1hr

Uniquely designed for men, the key Algae Bleue Vitale extract is infused with anti-fatigue and anti-ageing properties. This energising facial provides immediate results which leaves the complexion rested, radiant and rejuvenated.

Purite Marine Ritual Oily CombinationR900 / 1hr

Visibly reduces imperfections, redefines pores and controls shine to restore the beauty of healthy skin with marine power.

Source Marine Ritual

Dehydrated.....R900 / 1hr

Hydration levels are lastingly corrected to deeply replenish and restore the skin's velvety-smooth feel and original radiance.

Hyaluronic Marine Facial Deep Wrinkles.....R2 000 / 1hr

An anti-wrinkle solution drenched in high penetration hyaluronic acid, this treatment fills and corrects deep wrinkles thanks to its exclusive massage and double professional mask, resulting in a younger and smoother looking skin.

Lumière Marine Facial Pigmentation and Uneven Skin Tone.....R2 100 / 1hr

The skin appears visibly younger through lightening the complexion and reducing pigmentation marks.

Silicium Marine Facial Deep Wrinkles and Lack of Ton.....R2 400 / 1h15

Correcting loss of firmness and smoothing deep wrinkles, the treatment procedure includes a highly effective anti-wrinkle massage and a professional double firming mask which erases wrinkles and restores radiance to the complexion.

Exception Marine Facial Ladies 45+.....R2 600 / 1h30

The first Marine Lifting treatment which resculpts, contours, redensifies the skin and fills out wrinkles. The patented Marine Replenishment Complex and an exclusive Thalgo technique, Energilift, makes this facial a real manual facelift.

TINTING

BrowsR80 / 10 min

LashesR100 / 10 min

Brows and LashesR100 / 30 min

WAXING

Lip, Chin or Brow (each)R120 / 10 min

UnderarmsR140 / 15 min

Arms – HalfR130 / 20 min

Arms – FullR240 / 40 min

Chest or B.....R300 / 30 min

BikiniR200 / 30 min

Brazilian.....R320 / 30 min

HollywoodR350 / 45 min

Legs – HalfR300 / 30 min

Legs – Full.....R350 / 1 hr

BODY

Body ExfoliationR450 / 30 min

This luxurious, natural salt and coconut oil exfoliating body treatment improves the skin's texture and renews a rejuvenating glow to the skin. The invigorating journey is paired with a cup of uplifting Jasmine Fairy Flower Tea.

Body Wrap (Includes Exfoliation and Massage)R1 500 / 2 hrs

Your choice between a relaxing Neroli and Vanilla hydrating body wrap or an invigorating Peppermint and Rosemary detox wrap.

Hydrotherapy (Includes Exfoliation and Massage)R1 500 / 2 hrs

Enhance your wellness experience by relaxing in a warm bath. Perfect to calm, soothe and dissolve the tension away.

MASSAGES

Scalp and NeckR350 / 30 min

Soothed Soles (Feet)R400 / 45 min

Back, Neck and ShoulderR420 / 45 min

Cooling Leg Treatment.....R550 / 45 min

SwedishR800 / 1 hr

AromatherapyR900 / 1 hr

Deep TissueR1 000 / 1 hr

Hot Stone.....R1 100 / 1h30

Mint SignatureR1 400 / 1h30

Our signature massage incorporates a combination of aromatherapy and hot stones with invigorating mint massage oil to relieve and prevent tense muscles, pain and sinusitis.

Additional TimeR120 / 15 min

LITTLE DIVAS (8-12 YEARS)

Funky Fingers	R200 / 30 min
Twinkle Toes	R220 / 45 min

HANDS AND FEET

Luxury Manicure	R400 / 60 min
Express Manicure	R250 / 30 min
Gelish Manicure	R450 / 1h15 min
Gelish Soak-Off and Nail Buff	R200 / 45 min
Men's Manicure.....	R300 / 45 min
Luxury Pedicure.....	R450 / 1h15 min
Luxury Callus Peel Pedicure	R500 / 1h30 min
Express Pedicure	R270 / 30 min
Gelish Pedicure	R550 / 1h15min
Men's Pedicure	R380 / 1 hr

PACKAGES (CHECK SEQUENCE OF TREATMENTS)

Traveller's Tension	R700 / 1 hr
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Release travel tension with a scalp, neck and shoulder massage followed by a pressure point foot and leg massage.

Love Actually Or Nature Bath*.....R1 400 / (single) – R2 700 / (double) 2 hrs
Enjoy an aromatherapy massage followed by an organic bath soak, perfectly paired with a glass of sparkling wine or fruit smoothie and a fresh fruit platter.

*Nature Bath only available at Camps Bay Retreat. Love Actually at both Spas.

Body By Nature.....R1 600 / 2h30
Revitalise your body with an exfoliation, body wrap and full body massage, finished off with a luxurious bath soak.

Should booking request be for the Nature Tent at Camps Bay Retreat, rinse offs will be in the bath.

Man Of The Moment.....R1 800 / 2h30
Sauna or steam session, deep tissue full body massage, scalp massage and a luxury callus peel pedicure.

Just Us.....R1 800 / (single) – R3 400 / (double) 2 hrs
Unwind with an aromatherapy, scalp and pressure point foot massage, completed with an express facial.

Mint Favourites R2 600 / 4 hrs |

A top-to-toe spoil consisting of a welcoming foot ritual, our Mint Signature massage, a hydrating facial and your choice of a luxury manicure or pedicure.

BENEFITS WITH TREATMENTS

- Any treatment longer than 60 minutes, gains you access to a lounge at the pools (excluding the Sandy B Private Beach Club), subject to availability (excludes peak season from 16 December to 4 January).
- Any treatments to the value of R1 500 and over, offers access to loungers (client +1), subject to availability (excludes peak season from 16 December to 4 January), day membership at Sandy B Private Beach Club and access to the sauna, steam room and gym.

ETIQUETTE

- We recommend that you arrive 15 minutes prior to your treatment time to allow for pre-treatment consultation and preparation.
- A robe, slippers and disposable underwear are available for your use.
- No treatment will commence without the client's signature and completion of the indemnity and consultation forms.
- Gratuities are discretionary and are not included in the treatment price (usually between 10 – 15 %).
- There is adequate public parking nearby. On-site parking available by arrangement.

BOOKING TERMS AND CONDITIONS

- Credit card details may be requested to secure a booking.
- A 50% deposit is required for group bookings and packages.
- A special fee for appointments made outside of the normal working hours (subject to therapist availability), as well as group bookings, will be charged.
- We reserve the right to cancel your appointment and book waitlisted clients should you be more than 15 minutes late for your confirmed booking without notifying the spa.
- Bookings cancelled with less than 4 hours notice, will be charged at 50% of the booked treatment value, at the discretion of the Wellness Host.
- Full treatment charge will apply for non-arrivals.
- Children under the age of 12 must be accompanied by a parent/guardian for the entire duration spent on the hotel premises.
- Prices and any other details are subject to change with reasonable notice.
- Terms and conditions apply and can be viewed on www.mintwellness.com.

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For further information, operating hours and gift vouchers, please visit www.mintwellness.com or email us at bookings@mintwellness.com.

Valid from 01 May - 01 October 2022