

*Sandy B*  
P R I V A T E   B E A C H   C L U B

SUMMER MENU

If you have a special dietary requirement, please feel free to talk to our chef to see what we have on offer for you.

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## LIGHT MEALS

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### CHICKEN CAESAR SALAD

Tender grilled chicken fillet on crunchy romaine lettuce with garlic croutons, poached egg and anchovy parmesan dressing

R90



### OPEN GREEK SALAD

Classic Arcadian offering with marinated tomatoes, Kalamata olives, feta, cucumber, shaved red onions, ripped garlic croutons and our delicious house vinaigrette

R60

### TOASTED WRAPS

With pommes frites or a side salad

#### Grilled Chicken

Grilled filleted chicken strips, green onions, avocado, wild rocket, mango salsa and a dollop of sweet chilli aioli

R95



#### Vegan Herb-roasted Vegetables

Herb salad, basil pesto and hummus

R75

### TOASTED TRAMEZZINI

Round bread toasted to crispy perfection - with your choice of filling, served with pommes frites or a side salad

#### BLT - Bacon, lettuce and tomato

R75

#### Ham, mature cheddar and tomato

R75



#### Classic mature cheddar and tomato

R75

#### Chicken mayonnaise with avocado

R90



contains nuts



vegetarian

## THE BIG UNION CLUB

Chicken breast, bacon, avocado, mature cheddar, egg and crispy lettuce on 3 layers of toasted bread with side salad or pommes frites

R140

## OLD FASHIONED CHEESE BURGER

Caramalised onions, gherkins, cheddar cheese, crisp lettuce and tomato relish on a toasted sesame seed bun, served with pommes frites

R140

## WEST COAST HAKE

Battered and fried to crispy perfection with fresh lime cheeks, tartar sauce and pommes frites

R110



## VEGAN THAI VEGETABLE CURRY

Green classic curry paste flavoured coconut milk with hearty summer vegetables, ripped coriander leaves and fragrant steamed jasmine rice

R90

## SNACK BASKET

Vegetable spring rolls, beef samosas, chicken tenders with Mrs. Balls mayonnaise and pommes frites

R125

## CHICKEN TENDERS BASKET

Crumbed fillets with pommes frites and garlic aioli

R120

## FISH FILLET GOUJON BASKET

Light crispy batter fried with pommes frites and tartar sauce

R95



contains nuts



vegetarian

# Sushi

AT THE BAY

## CLASSICS

### SASHIMI (4 PIECES) R95

Tuna | Salmon



### NIGIRI (4 PIECES) R85

Salmon | Tuna | Prawn



### CALIFORNIA ROLL (8 PIECES)

Prawn | Salmon | Tuna

Vegetable

(avocado, cucumber topped with rainbow vegetables)

R100

R85



### RAINBOW ROLL (8 PIECES)

Salmon | Tuna

Vegetable

(avocado, cucumber topped with rainbow vegetables)

R140

R90



### FASHION SANDWICH (8 PIECES) R155

Prawn | Salmon | Tuna



### MAKI ROLL (8 PIECES)

Prawn | Salmon | Tuna

Vegetable (avocado and cucumber)

R85

R65



### SALMON ROSES (4 PIECES) R100



## NEW STYLE

### SASHIMI (6 PIECES) R115

Salmon | Tuna topped with new style sauce.



### THE BAY GOLDEN ROLL (8 PIECES) R115

Deep-fried sushi  
Cream cheese and avocado  
Prawn | Salmon | Tuna



### DRAGON ROLL (8 PIECES) R190

Salmon, avocado, spicy mayonnaise,  
salmon rose, sweet soy sauce, spring onion  
and 7 spice.



### TEMPURA ROCK SHRIMP (4 PIECES) R145

California Roll topped with tempura prawn and a house made sauce.  
Salmon | Tuna | Prawn



### RED ROOF (8 PIECES) R165

Salmon, avocado, 7 spice, topped with  
tuna and teriyaki sauce.



## COMBOS

### 4 X 4

Red Roof Tuna (4 pieces)  
Dragon Roll (4 pieces)

R175



### SALMON ZEN (28 PIECES, SERVES 2)

Sashimi (4 pieces)  
Nigiri (4 pieces)  
California (8 pieces)  
Rainbow (8 pieces)  
Salmon Roses (2 pieces)

R425



### THE BAY COMBO (24 PIECES, SERVES 2)

Rock Shrimp (4 pieces)  
Tuna Sashimi (4 pieces)  
Prawn Nigiri (4 pieces)  
Salmon Roses (4 pieces)  
Vegetable Maki (8 pieces)

R325

